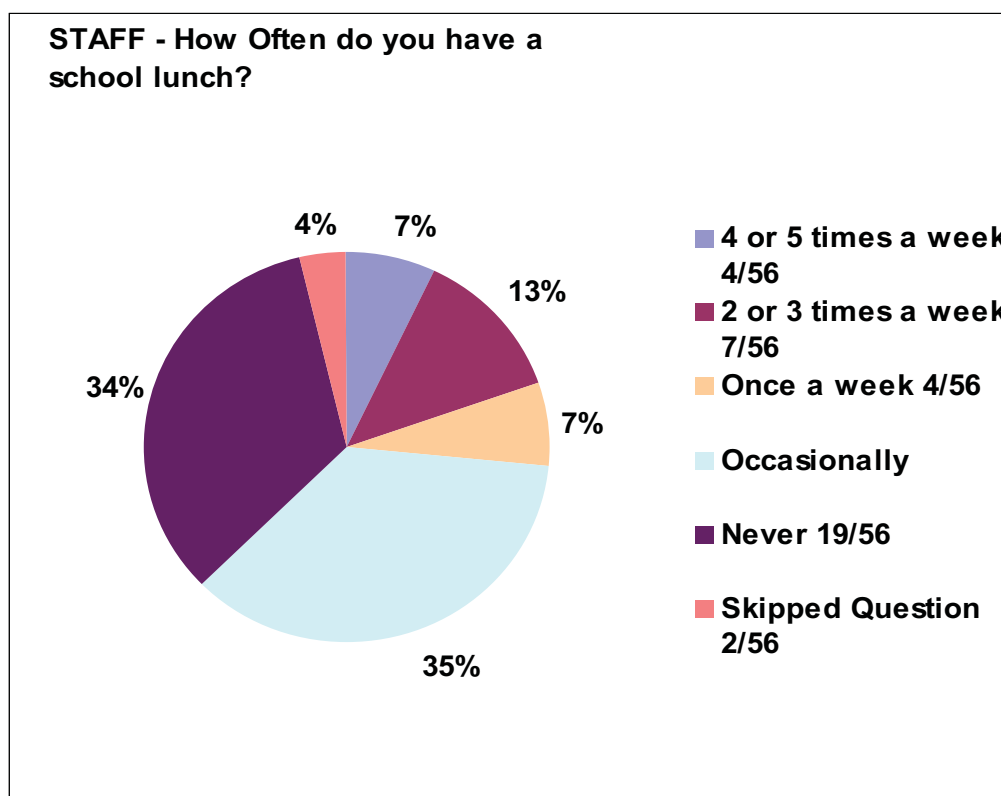
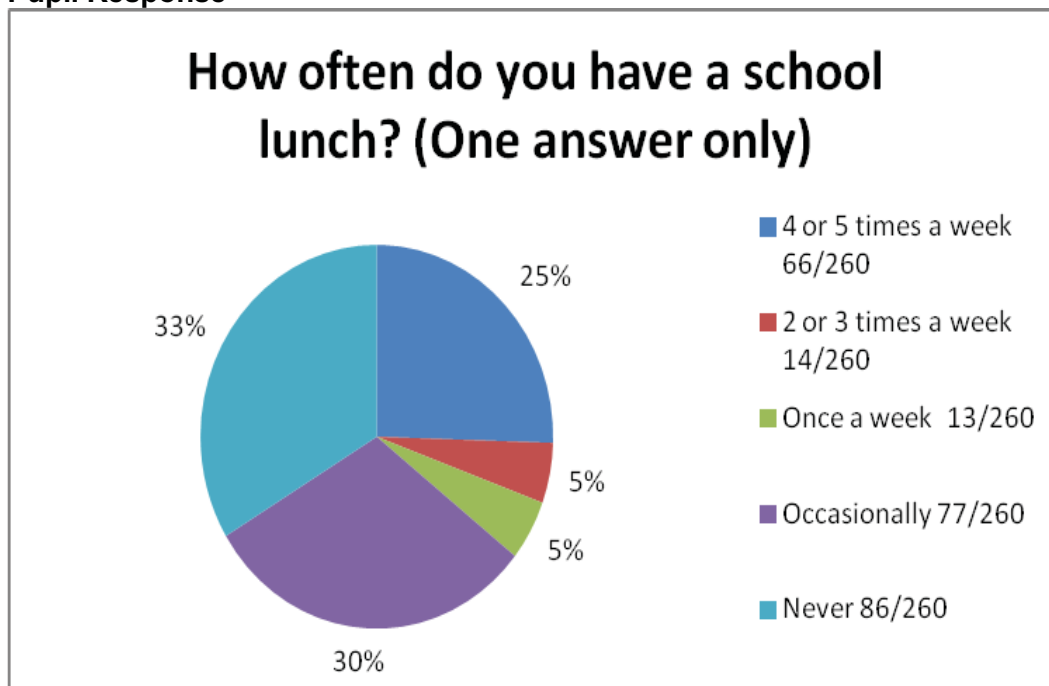


**Question 1 – How often do you have school lunch?**

Of the 260 pupils who responded 33% never had school lunch 30% occasionally and 25% 4 or 5 times a week. Of the staff who responded 35% occasionally have lunch while 34% never have lunch.

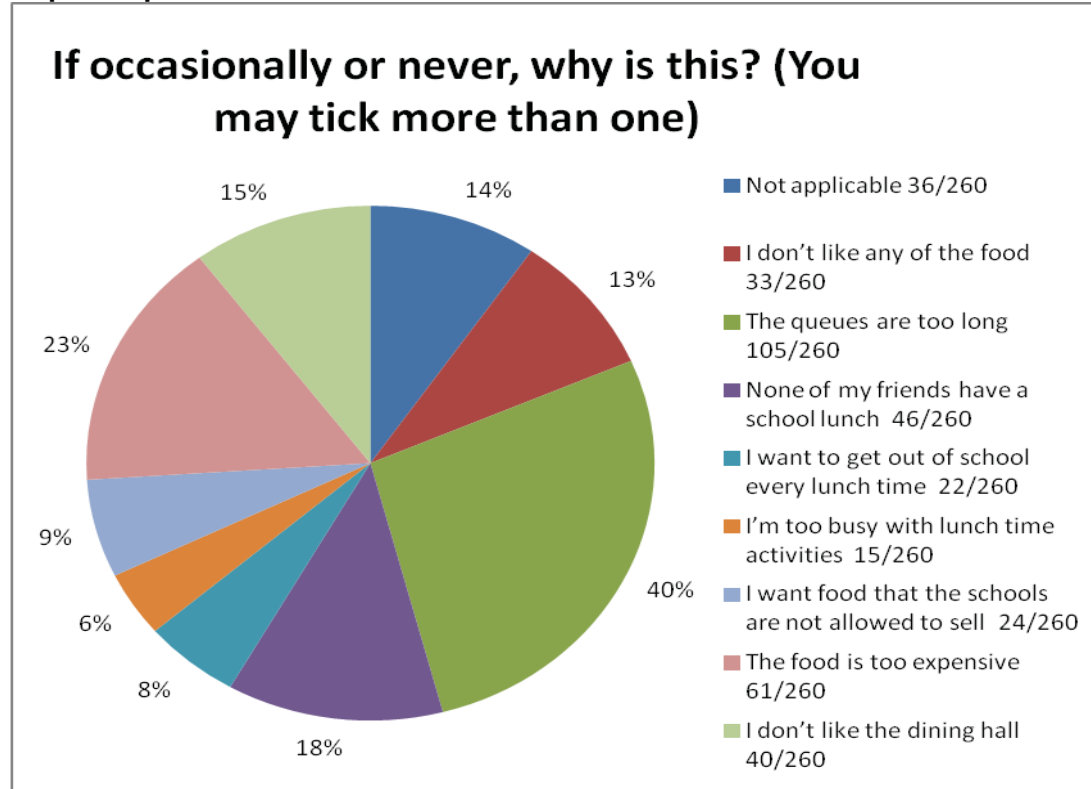
**Pupil Response**



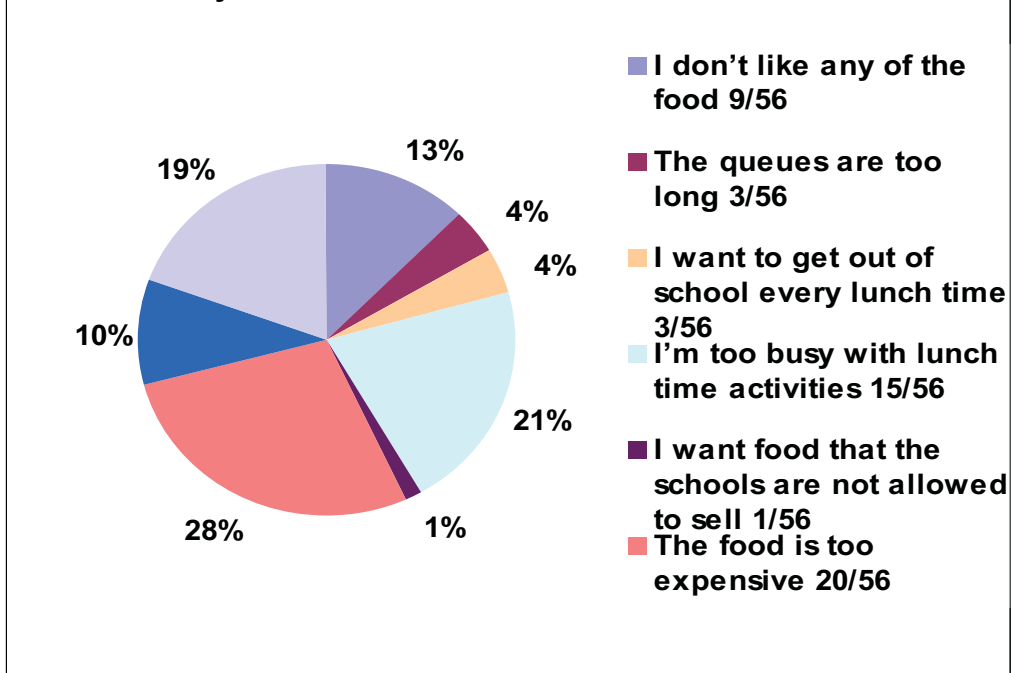
**Question 2 – If occasionally or never why is this?**

Long queues 40%, expensive food 23%, friends not eating lunch 18% and the dining hall environment at 15% were the main reasons for pupils in this category. For staff, 28% thought the food was too expensive whilst 21% were busy with lunch time activities.

**Pupil Response**



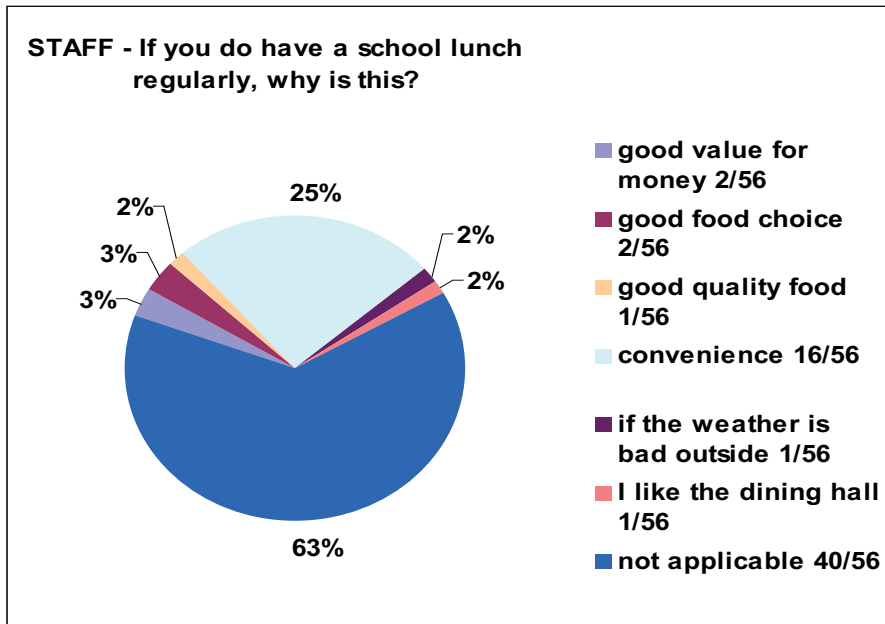
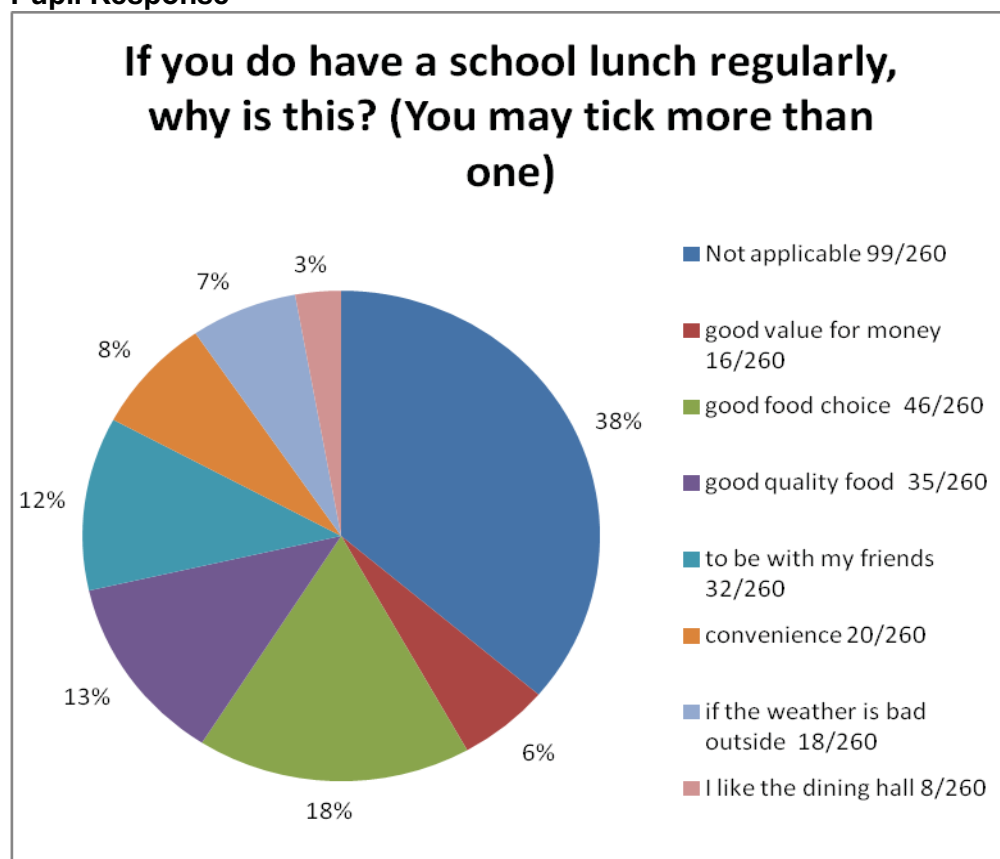
**STAFF - If occasionally or never, why is this?**



**Question 3 – If you do have school lunch regularly why is this?**

18% of Pupils felt there was a good food choice, with 13% thinking the quality was good and 12% having lunch because their friend did. There is a variety of reasons why pupils who regularly have a school lunch do so; pupils see lunch as a social and convenient and they like the food choice. However, based on staff responses 25% had lunch regularly for convenience only, quality/value and environment were not a factor.

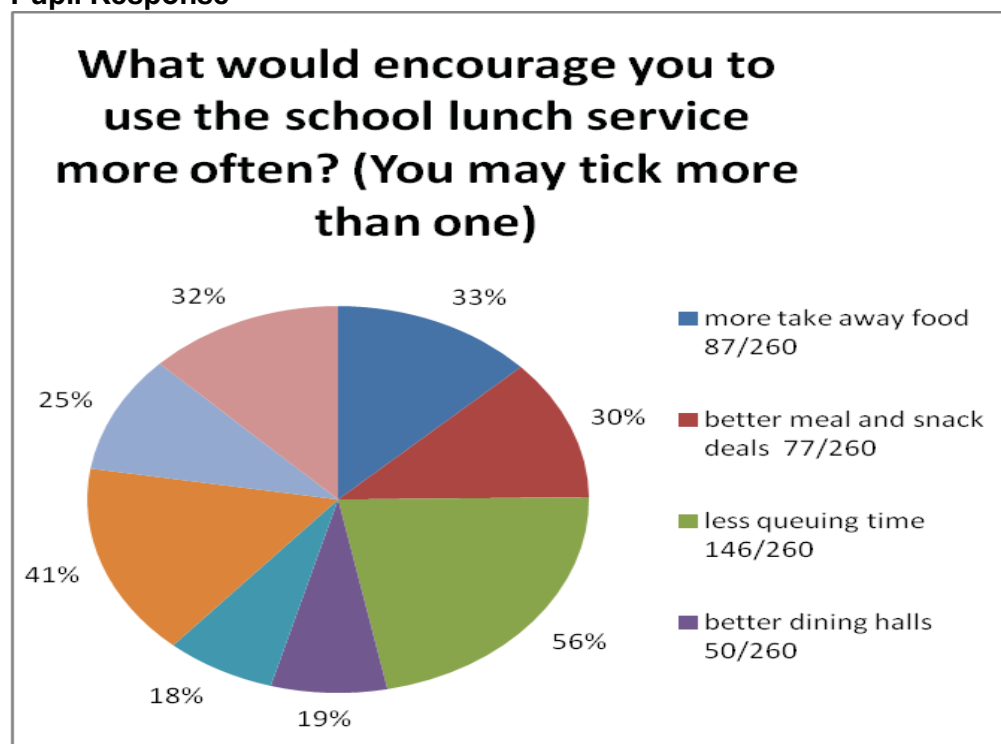
**Pupil Response**



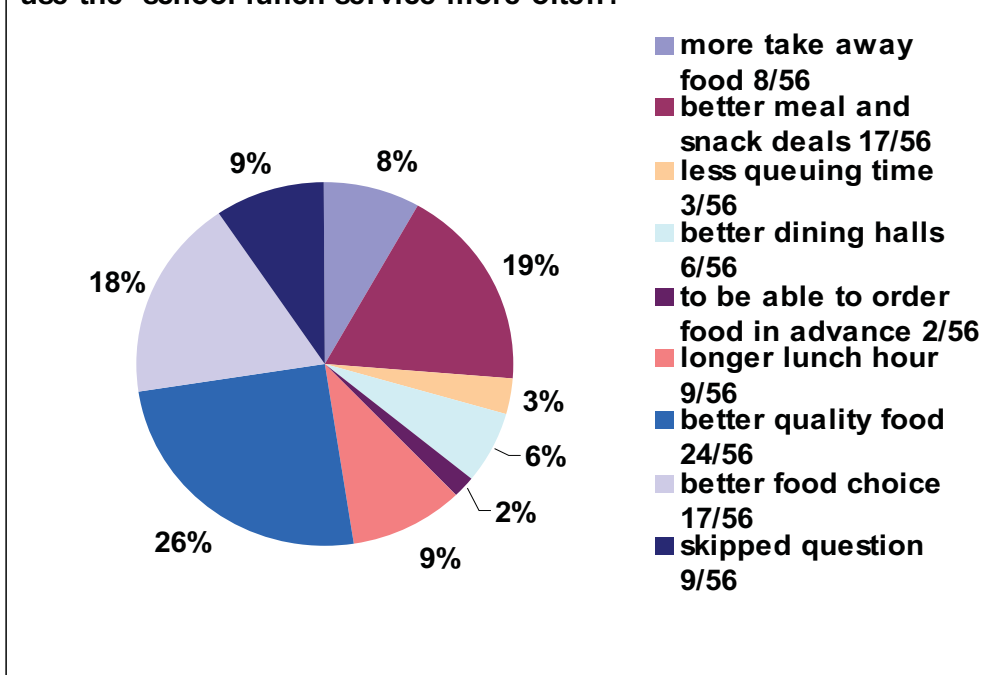
**Question 4 – What would encourage you to use the school lunch service more often?**

Over half of the pupils, 56% would be more inclined to have lunch if queuing time was reduced, with over 30% saying more take away food, better meal/snack deals and better facilities would be a factor. Of the staff who responded 26% would consider lunch if the food quality was better, with more meal/snack deals and food choice at 18% and 19% respectively.

**Pupil Response**



**STAFF - What would encourage you to use the school lunch service more often?**

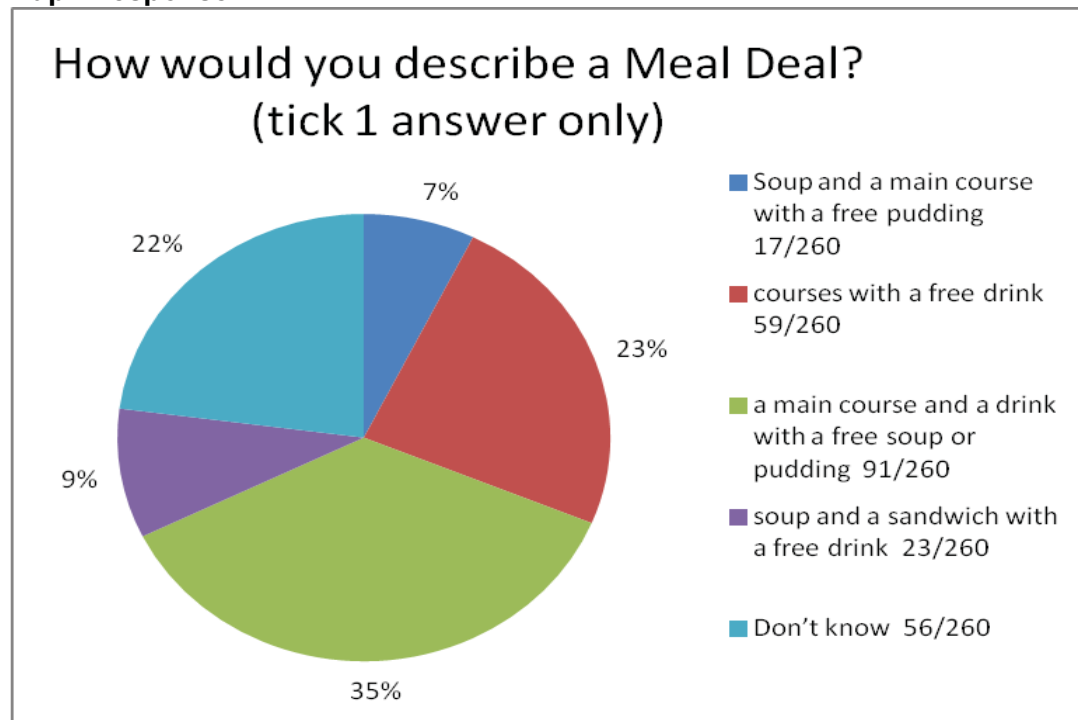


**Question 5 – How would you describe a meal deal?**

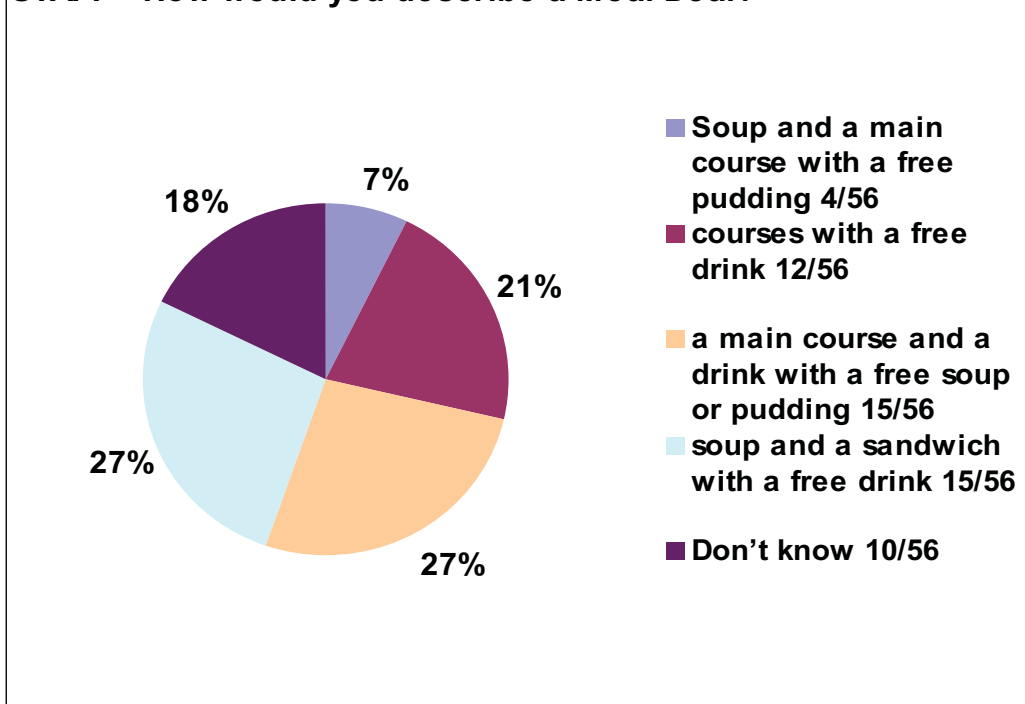
Meal deals are used to promote sales of a 2 course balanced meal. Of the responses 23% of pupils and 21% of staff were aware of the correct content.

Based on pupil results 35% described a meal deal as a main course with a drink and a free soup or pudding. 22% didn't really know how they would describe a meal deal. Out of the staff 27% viewed soup and a sandwich with a free drink as a "deal" and 27% thought a main course with a drink and a free soup or pudding best described a meal deal.

**Pupil Response**



**STAFF - How would you describe a Meal Deal?**

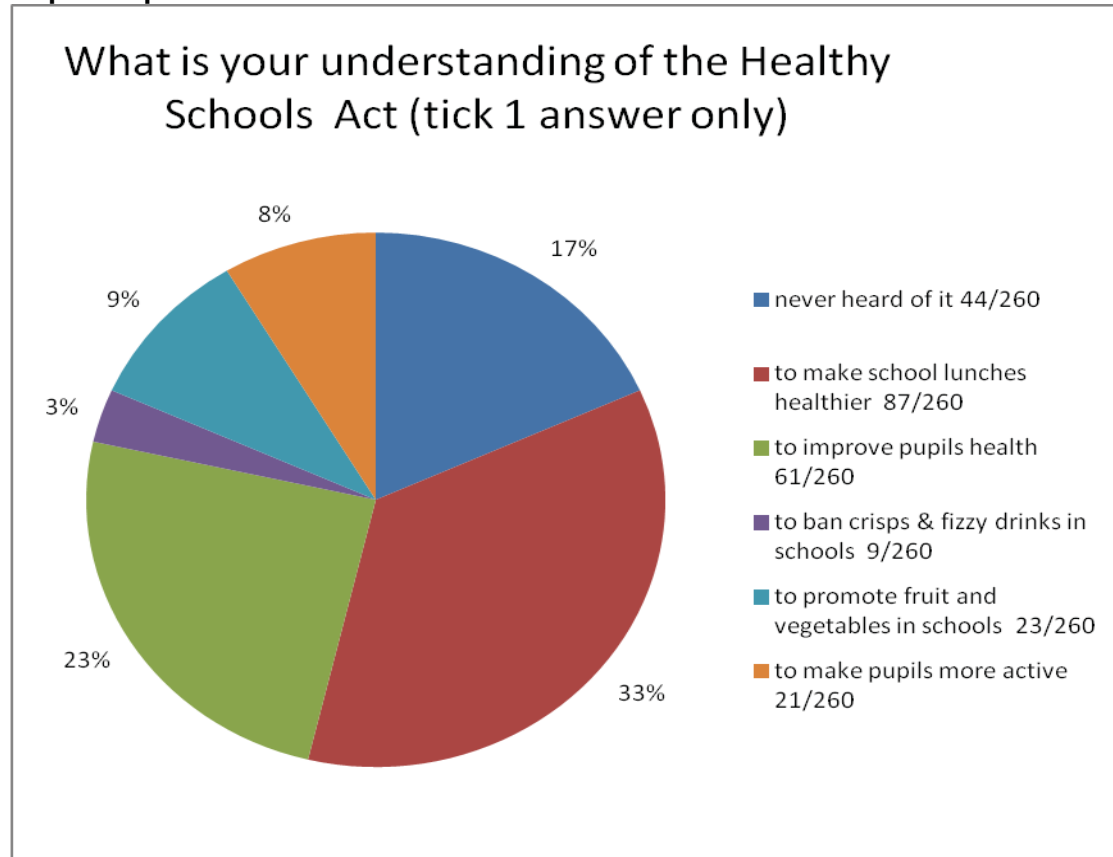


**Question 6 – What is your understanding of the Healthy Schools Act?**

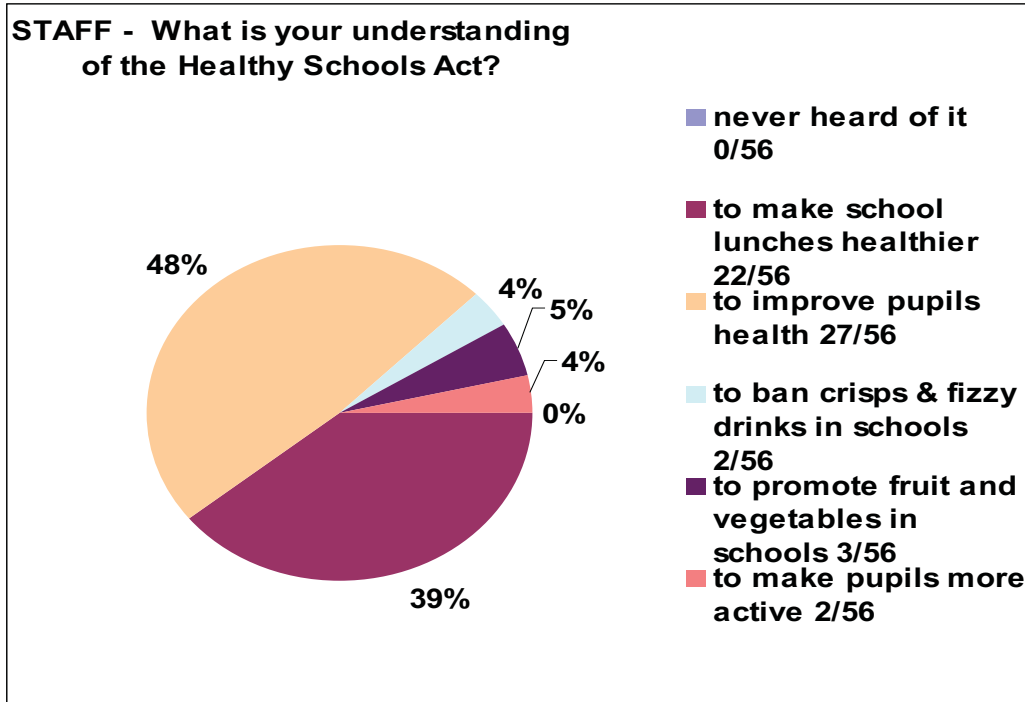
Most of those who answered had heard of the Act. Of the pupils 33% and of the staff 39% thought the aim of the act was to make school lunches healthier, with 23% of pupils and 48% thinking it was to improve pupil's health.

Although all statements are correct the main aim of the act is to improve pupil's health.

**Pupil Response**



**STAFF - What is your understanding of the Healthy Schools Act?**



## Discussion

The survey was undertaken in order to determine the pupil and staff views of the school meal service. Questionnaires were distributed to all pupils and staff with incentive rewards to encourage completion. It is disappointing that only 20% of the stakeholders completed the questionnaire but, as the main users of the service their opinion is invaluable and they should be the point of focus is getting those who do use the service to use it more frequently.

It will also help the school as it attempts to review the service and increase uptake to acknowledge that 80% of the potential target audience have currently disassociated themselves from the service. It is also important to acknowledge that some stakeholders will be unlikely to use the service whatever the choices and environment because of restricted food choice.

The survey suggests pupils appreciate the social and convenient service, with a good food choice and value for money, so we should continue to build on these values.

The school catering provider uses a variety of methods to provide convenience and social aspects, including pre-ordering for staff, sandwich and pasta bars although theme days and special promotions are infrequent. However there was a lack of awareness of the Meal Deal which does offer good value for money. We need to look at the Meal Deal and promotion of this choice.

Most stakeholders are aware of the "Act", and there was recognition of this as only 3% of respondents thought it was to ban crisps & fizzy drinks. The dishes on the menu meet the standards expected but there could be improvements in the quality.

Most of those surveyed (100% pupils / 84% of staff) answered the question 'what would encourage you to use the service more often?' and so includes those who never have lunch. The main factors in encouraging more frequent use would be a longer lunch break / less queuing time / better dining halls / more take away food and better meal and snack deals.

Addressing these factors requires further discussion with the catering agency to address the food types available and a whole school approach, as there are implications for timetabling and management of the lunch period.

However, if these changes resulted in more pupils and staff taking a lunch then there would be benefits to individual performance and to the economy of the school.

## Attachment 1

### STUDENT SURVEY

NAME

YEAR GROUP

Male

Female

or

**1. How often do you have a school lunch (tick 1 answer only)**

- 4 or 5 times a week
- 2 or 3 times a week
- Once a week
- Occasionally
- Never

**2. If occasionally or never, why is this?**

- I don't like any of the food
- The queues are too long
- None of my friends have a school lunch
- I want to get out of school every lunch time
- I'm too busy with lunch time activities
- I want food that the schools are not allowed to sell
- The food is too expensive
- I don't like the dining hall

**3. If you do have a school lunch regularly, why is this?**

- good value for money
- good food choice
- good quality food
- to be with my friends
- convenience
- if the weather is bad outside
- I like the dining hall

**4. What would encourage you to use the school lunch service more often?**

- more take away food
- better meal and snack deals
- less queuing time
- better dining halls
- to be able to order food in advance
- longer lunch hour
- better quality food
- better food choice

**5. How would you describe a Meal Deal? (tick 1 answer only)**

- Soup and a main course with a free pudding
- courses with a free drink
- a main course and a drink with a free soup or pudding
- soup and a sandwich with a free drink
- Don't know

**6. What is your understanding of the Healthy Schools Act (tick 1 answer only)**

- never heard of it
- to make school lunches healthier
- to improve pupils health
- to ban crisps & fizzy drinks in schools
- to promote fruit and vegetables in schools
- to make pupils more active

## Attachment 2

### STAFF SURVEY

NAME  Male  or Female  Full Time  or Part Time

#### 1. How often do you have a school lunch (tick 1 answer only)

- 4 or 5 times a week
- 2 or 3 times a week
- Once a week
- Occasionally
- Never

#### 2. If occasionally or never, why is this?

- I don't like any of the food
- The queues are too long
- I want to get out of school every lunch time
- I'm too busy with lunch time activities
- I want food that the schools are not allowed to sell
- The food is too expensive
- I don't like the dining hall

#### 3. If you do have a school lunch regularly, why is this?

- good value for money
- good food choice
- good quality food
- convenience
- if the weather is bad outside
- I like the dining hall

#### 4. What would encourage you to use the school lunch service more often?

- more take away food
- better meal and snack deals
- less queuing time
- better dining halls
- to be able to order food in advance
- longer lunch hour
- better quality food
- better food choice

#### 5. How would you describe a Meal Deal? (tick 1 answer only)

- Soup and a main course with a free pudding
- courses with a free drink
- a main course and a drink with a free soup or pudding
- soup and a sandwich with a free drink
- Don't know

#### 6. What is your understanding of the Healthy Schools Act (tick 1 answer only)

- never heard of it
- to make school lunches healthier
- to improve pupils health
- to ban crisps & fizzy drinks in schools
- to promote fruit and vegetables in schools
- to make pupils more active